

Announcement of the Fifteenth Annual Awards (For Books Published in 2001)

Older Readers Category

The annual prize of \$1000 in the Australian Family Therapists' Award for Children's Literature for older readers goes to Archimede Fusillo for *The Dons*, published by Puffin Books, Penguin Books Australia. Paul is a teenager of Italian-Australian background, living with his mother and grandfather, who is in the early stages of dementia. The book centres on Paul's increasing understanding of his grandfather's world both past and present, and the impact of dementia on the whole family. The book achieves this whilst relating the very normal and at times humorous ups and downs of being a teenage boy. *The Dons* provides excellent insights into family, comparing old traditions with how the second and third generations of the family deal with a different society and its pressures.

Highly commended was *Butterflies* by Susanne Gervay, published by Angus and Robertson. (For teaching notes, see www.harpercollins.com.au.) *Butterflies* centers around a seventeen-year-old girl's struggle to come to terms with the ongoing ramifications of her burns and her relationships with her family and peers. It is a very good exploration of the issues for families living with chronic conditions and the impressively researched background strengthens the book.

Picture Book and Younger Readers

The annual prize of \$1000 for picture books and books for younger readers was awarded to Laurie Stiller and Gregory Rogers for *Princess Max*, published by Random House. Max is a four or five year old boy who likes to dress up and dance, until he is made to feel bad about this by his cousin. Mum's sensitive and humorous response protects Max' self-esteem. Many families could identify with this story.

Highly commended was *Sarindi and the Lucky Bird* by Janine Fraser and Kim Gamble, published by Angus and Robertson. Sarindi is a young Indonesian boy whose family is struggling to make ends meet. The book explores how the family members work together, despite having different ideas about how to bring about a change in their fortunes.

Books Useful for Therapists

The following books tell stories which may enhance therapists' insight into specific problem areas. The committee strongly recommends that therapists read these selections critically before deciding whether they are appropriate to

share with their particular clients. Because of the sensitive nature of some of these books, it is important that they be only one tool within an ongoing therapeutic relationship. Inclusion in this list does not mean a book is recommended as a self-help book.

Books for Older Readers

The Dons by Archimede Fusillo, see above.

Butterflies by Susanne Gervay, see above.

Beyond Duck River by Angela Martin, published by Hodder Headline Australia.

A generational story dealing with a number of issues (such as alcoholism, war, post traumatic stress and Aboriginality), which are not spoken about openly in the family. The way in which there are revealed forces the reader to think, and make a paradigm shift. The family's struggle to accommodate to the dominant society, and the changes and impact on each generation, are sensitively portrayed.

Angel of Barbican High by Michelle A. Taylor, published by University of Queensland Press.

In poetry, this book explores a young girl's grief and guilt on the death of her boyfriend. She tries to cope in a number of different ways, including contemplating suicide.

Choices Choices by Dianne Wolfer, published by Fremantle Arts Centre Press.

Parallel stories of Elisabeth (Libby/Beth) surrounding the decision to proceed with or terminate her pregnancy. The book highlights the ramifications of each decision, in a realistic way that doesn't glorify either.

Willow Tree and Olive by Trini Savvides, published by Sceptre.

Olive's experience of remembering and disclosing sexual abuse is described sensitively, as are her ways of working through this (e.g. journaling). A mental health professional is portrayed as being of some help.

Further information may be obtained from:

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Picture Books and Books for Younger Readers

Princess Max, by Laurie Stiller and Gregory Rogers. See above.

Sarindi and the Lucky Bird by Janine Fraser and Kim Gamble, published by Angus and Robertson. See above.

Passing On, by Mike Dumbleton and Terry Denton, published by Random House. A gently effective exploration

of how the characteristics of a loved person can remain even after the person has died.

Three Kinds of Scared, by F. N. Monjo and Justin Monjo and Peter Viska, published by Allen & Unwin.

A useful book for exploring, through anthropomorphism, realistic and unrealistic fears, with creative suggestions for dealing with these fears and anxieties. ©

Guidelines for Writing a Case Study for Publication in the Australian and New Zealand Journal of Family Therapy

The case study is both a time-honoured method of outcome research and a way of demonstrating the translation of clinical theory into practice.

For publication in *ANZJFT*, the case study may be written in whatever style best allows the author to convey the details of the case and their experiences of it. The case study should contain adequate detail in order that the reader gains an understanding of the client's situation, the therapist's thinking and the unfolding therapeutic process.

The identity of the client in the case study must be protected by changing names and any other identifying information. The alteration of key detail needs to be noted just once, when the client is introduced, or in an end note.

The following is a suggested guide for the development of a case study for publication. Authors preparing vignettes for other papers may also find these pointers useful:

1. Title, followed by brief abstract
2. Introduction, (or setting the scene) — this may include:
 - What was it about the case that was of interest?
 - What therapeutic issues did the case demonstrate?
 - How did the client experience the therapy? (The client's own words should be used if available.)
 - What were the successful aspects of the case?
3. Client details:
 - Name/s, age/s, race/ethnicity, family composition, family dynamics and any

other demographic data that is relevant to an understanding of the case

- The problem/s that brought the client to therapy
 - Brief description of any previous therapy or relevant history
4. The key elements of therapy:
 - Individual, family and wider system issues in the case
 - Successes and struggles (for both therapist and client)
 - Follow up and outcomes of therapy, including the client's perspective
 5. Discussion:
 - Includes a description of the author's theoretical stance or understanding in relation to the process of therapy (e.g. models of therapy used, relevant literature on the presenting problem, etc.) There is no need for a full literature review.
 - How this case has influenced or changed your clinical practice
 - How the case has influenced the 'person' of the therapist
 6. References

Australian and New Zealand Journal of Family Therapy

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